



Alexander Technique International

Nomination Form for Proposing ATI Sponsoring Members

Section A. Nominee **** This form must be typed or printed in block letters**

The following ATI Certified Teaching Member in good standing is being nominated to become an ATI Sponsoring Member:

(Nominated Sponsoring Member - please print your name) _____ (Tel. no., include country code) _____ (fax no., include country code)

(Address for correspondence - include street, area, county/state/province, postal code and country)

I accept the nomination and list below my Alexander experience and my list and description of the evaluation criteria I intend to use if I am approved as a Sponsoring Member of ATI.

Date: _____

(Signed by above nominated Sponsoring Member)

Section B. Nominators

One of the three nominators must be an ATI sponsoring member.

All nominators must have personal knowledge of the applicant and have seen the applicant teaching.

The person named in Section A. above is being nominated by the following three ATI Members in good standing:
(below their name, each nominator should briefly give their reasons why the nominee is qualified to be a sponsor)

Nominee Name: _____ **Date:** _____

Nominator 1: _____ **ATI Member:**
(1st Nominator - please print your name)

Nominator 1 Signature: _____
(1st Nominator - please sign your name)

Nominator's Recommendation Comments:

Section B. Nominators *continued*

Nominee Name: _____ **Date:** _____

Nominator 2: _____ **ATI Member:**
(1st Nominator - please print your name)

Nominator 2 Signature: _____
(2nd Nominator - please sign your name)

Nominator's Recommendation Comments:

Section B. Nominators *continued*

Nominee Name: _____ **Date:** _____

Nominator 3: _____ **ATI Member:**
(1st Nominator - please print your name)

Nominator 3 Signature: _____
(3rd Nominator - please sign your name)

Nominator's Recommendation Comments:

Section C. Nominee's Alexander Background & Experience

1. Nominee's Alexander background and experience:

Training location(s):

Names of teachers (include director(s) as well as other teachers who made significant contributions):

Dates of training:

How long have you been a teacher?

Have you been teaching regularly since you completed your training? Yes No

What is your average number of lessons/classes per week?

Do you train Alexander teachers? Yes No

How many years have you been training Alexander teachers?

How many Alexander teachers have you trained?

Do you give post-graduate workshops for other teachers ? Yes No

Nominee's ATI background:

Are you an ATI Certified teaching member? Yes No

How long have you been an ATI member?

Have you attended an ATI AGM? Yes No

If YES, which AGM(s) did you attend?

Please give brief explanation of why you wish to become a Sponsoring Member of ATI and why you feel that you are qualified to evaluate ATI teaching member candidates.

Please give brief outline of other teaching/administrative experience (e.g. workshops given, A.T. teaching in music/drama schools, etc.).

Section C. *continued...* Nominee's Alexander Background & Experience

Give details of any training course teaching, which ones, how often you were there, etc. (if you run a training, this is about your teaching in other trainings) .

If you have helped assess teachers in someone else's training or for another Alexander society please give details:

If you feel that there is any other relevant information you want the members to know about you, please add it below:

Section D. Your criteria and how you intend to use them

The above-named nominee for Sponsoring Member will employ the ATI approved criteria, listed below, in evaluating prospective Teaching Members who wish to join ATI (On the next page please describe what procedure(s) you will use to assess the candidate and how you will know that the candidate has satisfied your criteria):

ATI Criteria for Evaluating the Competencies of Teachers

Adopted by the Membership in 2000 and as designated in the ATI Bylaws

In order to be eligible for certification by Alexander Technique International, teacher-candidates should be of good character, have a clear understanding of the Alexander Technique concepts and principles and have the basic skills to convey these concepts and principles clearly to a pupil.

I. Conduct

- A. Demonstrate qualities of patience, compassion, honesty, and respect in interactions with peers and students. Completion of an Alexander Technique training process shall be considered representation by the candidate's trainers that the candidate has satisfactorily demonstrated these characteristics of patience, compassion, honesty, and respect in interactions with peers and students, provided the examining teacher sees no evidence to the contrary.

II. Knowledge

- A. Demonstrate an embodied understanding of the commonly used Alexander Technique concepts and principles by consciously allowing a positive change in their own psycho-physical coordination, and continue this change throughout any activity in order to improve the quality of their performance. This positive change can be observed as 1) an initial movement of the head in relation to the spine which results in a quality of lengthening throughout the body, allowing the person to respond in a fluid and continually adaptive way to gravity; 2) an enhanced alertness, awareness, fluidity and poise; 3) and a speaking voice that is full, clear, and fluent.
- B. Demonstrate a knowledge of Alexander's ideas by discussing their own understanding of the Technique and how Alexander's ideas have influenced their development as a person and a teacher; and suggest what literature (by Alexander or other authors) they would recommend to a pupil and why.
- C. Demonstrate an understanding of anatomy and physiology as they relate to human movement and behavior; be able to help pupils understand how mistaken ideas about their structure interfere with their best use; answer pupils' basic questions about anatomy, and refer them to other sources for more detailed answers.
- D. Demonstrate an understanding of the ATI Code of Ethics, an appreciation of safety issues, and know when it is appropriate to refer a pupil to another professional.

III. Teaching Skills

- A. Demonstrate an ability to clearly and simply communicate and demonstrate the concepts and principles of the Alexander Technique by giving clear demonstrations and verbal explanations that are appropriate to the pupil's learning in the moment; when using hands, to use their hands sensitively and appropriately. Both verbal explanations and any use of hands will allow pupils to effect a positive change in their psycho-physical coordination.
- B. Demonstrate an ability to observe themselves while teaching, and later articulate to an observer the choices they made with regard to using their hands, verbal explanations and physical demonstrations.

Section D *continued*... ATI criteria and how you intend to use them and how you will determine that a candidate has met the Criteria.

Please describe what procedures you would use to evaluate a candidate for ATI certification, and how you would judge from these procedures whether the above criteria have or have not been satisfied:

Mail to:
Alexander Technique International
1692 Massachusetts Ave, 3rd Floor
Cambridge, MA 02138 - USA